



Total Body Herbal Cleanse

2010, It's a new beginning! The perfect time for a new you! Are you making weight management resolutions? Fat is a storehouse for toxins! You must get rid of the toxins if your fat is going to feel good about leaving.

A Healthy Habits® Total Body Cleanse is a great way to rid your body of stored toxins and start the New Year feeling cleaner, lighter and rejuvenated. Our Cleanses are fiber-rich, thorough detoxification programs designed to gently enhance your body's natural internal cleansing processes. Eliminate toxins, strengthen your digestive system and improve health by cleansing and detoxifying 4 times per year.

The Healthy Habits® Total Body Cleanses are available in 3 formulations. Capsule Cleanse is capsule based. Drink-Mix Cleanse relies on natural drink-mixes. The third cleanse is an Ultimate Cleanse. This cleanse is recommended by our CEO's father, Dr. Martin! Each system provides the same full-spectrum cleansing and detoxifying power. All three are gentle and easy to use!

- **SIMPLE 14 OR 30-DAY SYSTEMS!**
- **NO HARSH LAXATIVES!**

- **CLEANSE, DETOXYFY & REJUVENATE!**
- **ALL NATURAL INGREDIENTS**

14-Day Capsule Cleanse - \$29.95 (includes product for 2, 14-Day Cleanses)

Qty

Triple Action Fiber Tablets - 4 tabs daily between meals (mid AM or mid Afternoon)

Super Food Greens - 4 tabs daily with a meal

Liver Super Cleanse - 1 capsule 2x daily

IonPod® Water (See next page) - 64 oz daily - Add IonPod® for an additional \$29.95 (A \$20 savings!)

14-Day Drink-Mix Cleanse - \$44.95 (includes product for 2, 14-Day Cleanses)

Qty

Colon Toddy - 1 tsp mixed with 12 oz water daily

Fruity Greens - 1 scoop mixed with 12 oz water daily

Liver Super Cleanse - 1 capsule 2x daily

IonPod® Water (See next page) - 64 oz daily minimum - Add IonPod® for an additional \$29.95 (A \$20 savings!)

30-Day Ultimate Cleanse - \$129.95

Includes **FREE IonPod®** (\$99.95 value!)

Recommended by Dr Martin

Weeks 1-2

Triple Action Fiber Tablets - 4 tabs daily between meals

Super Food Greens - 4 tabs daily with a meal

Liver Super Cleanse - 1 capsule 2x daily

Fruity Greens - 1 scoop mixed with 12 oz water daily

IonPod® Water (See next page) - 64 oz daily minimum

KinoTox® Pads - Wear on both feet during sleep

Weeks 3-4

Colon Toddy - 1 tsp mixed with 6-12 oz water daily

Fruity Greens - 1 scoop mixed with 12 oz water daily

Liver Super Cleanse - 1 capsule 2x daily

IonPod® Water (See next page) - 64 oz daily minimum

SlimTox® Pads - Wear on both feet during sleep

IonPod® (See next page) **included for FREE!**

FREE Ion Pod®!
With Ultimate Cleanse!



4EZ WAYS to ORDER ¹ **Orders: 800-604-6766**

² **Mail this form to:**
P.O. Box 12069
Scottsdale AZ 85267-2069

³ **Fax your order:**
530-463-8744
24 hours a day

⁴ **Order securely online:**
www.HealthyHabitsWeb.com

Mention Coupon Code **HCH2**

Special Offer Expires in 30 Days!

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

IonPod®

Alkalizing & Energizing Water Bottle!

NEW!

- Create Silky Smooth, Fresh Tasting Water In Minutes!
- Increases Hydration!
- Alkalizes pH By Up To 2000%!
- Generates Antioxidant Water!
- Filters Chlorine & Other Contaminants!
- Contains Silver & Anti-bacterial Ceramic Spheres!

ONLY \$29.95
with Herbal Cleanse
Order. Save \$70.00!



Use IonPod® & Watch Those Acid Levels Drop!

Alkalize & Energize Ordinary Tap Water!

Our proprietary mineral cartridge uses 13 minerals to transform ordinary tap water. It lasts for up to a year and is easily replaceable. Other water alkalizers cost up to \$4000! Save \$1000's and buy your IonPod® today!

Change Your Water, Change Your Life!

Since 1976, my father, Dr. Martin, has been preaching "It's the water; It's the water!" Most people drink nowhere near enough water and the water they do drink is oxidizing, acid (low pH) and contributes to premature aging. He has proven this in thousands of clinical cases. Today, acidity abounds due to improper eating and drinking habits. This acidity sets the stage for almost every illness you can name. You will be amazed at the health goals you can achieve when acidity is no longer ruling your body.



Lab Tests Confirm:

The IonPod® Increases the Alkalinity of tap water in under 5 minutes!



Acidity & Toxicity May Negatively Affect:

- Skin
- Mood
- Breath
- Digestion
- Heart
- Immunity
- Kidneys
- Liver
- Metabolism
- Inflammation
- Pain
- Weight Loss
- Cellular Health
- Energy Levels
- Sugar Levels