



THE CONNECTION BETWEEN HEART HEALTH AND SOY

Nattokinase Gold - Support circulation and combat clots.



Almost 1 million Americans die of cardiovascular disease each year, which adds up to 42% of all deaths

- Heart disease doesn't just kill the elderly -- it is the leading cause of death for ALL Americans age 35 and older. Heart disease accounts for over one million deaths each year; in 160,000 of those deaths the individuals were 35 to 64 years old.

K2X - Boost Bone and Heart Health



Osteoporosis affects an estimated 10 million Americans over the age of 50 years old. Cardiovascular disease, principally heart disease and stroke, is the Nation's leading killer for both men and women among all racial and ethnic groups.

**SEE DETAILS AND ORDER FORM INSIDE!
READ ABOUT DR.SUMI,
"DR.NATTO" INSIDE PAGE 2**

NATTO: KNOCK OUT BLOOD CLOTS NATURALLY.

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When it comes to blood clots, proper nutrition can make an enormous difference. That's why we're telling everyone about Nattokinase (Natto), a potent enzyme naturally derived from a traditional Japanese food. Natto has been scientifically shown to support circulation and combat clots.

Natto may actually increase the body's natural ability to fight clots. Dr Hiroyuki Sumi M.D., a researcher with the Japanese Ministry of Education, discovered the magnificent properties of Nattokinase in 1980 while searching for a natural substance to aid in the dissolving of clots associated with heart attacks and stroke.

The number of health challenges that are related to circulation is astounding. Natto may be the answer that everyone is looking for.



WHAT IS NATTO?

Natto is a highly nutritious food made from steamed and fermented soybeans. The Japanese have been eating it for centuries. Many credit the regular consumption of Natto as a factor in keeping blood pressure low and maintaining a healthy heart. Recent studies indicate that Natto does even more than initially thought. Dr. Sumi believes that a daily dose



"DR NATTO"

of a quality Natto supplement may help with: hardened arteries, heart attack, stroke, angina, dementia and senility.

Dubbed 'Dr Natto' by the media because of his outstanding discovery, Dr Sumi holds a degree in Medicine from Tokushima University and research experience through the Japanese Ministry of Education, Science and Culture. He has worked as an Assistant Professor of Physiology in Miyazaki Medical College and Professor in the Department of Physiological Chemistry at the College of Science and Industrial Technology. He is currently Director of JITTAS – an extra-governmental organization. Needless to say, he is brilliant.

It was at the Michael Rees Research Institute of Chicago where Dr. Sumi's curiosity led him to discover the capability of Natto's sticky threads in destroying blood clots.

LUNCH IN THE LABORATORY LEADS TO GROUNDBREAKING DISCOVERY.

For years, Dr. Sumi searched for a natural agent that could dissolve blood clots associated with heart attacks and stroke. He researched 200 different foods and concluded that the sticky

threads found in Natto had the highest blood-clot-busting activity of all.

Here he tells how he discovered Natto:

"I regularly eat Natto. One day I took some to my laboratory. I usually prepared blood clots in a laboratory dish and measured their strength by adding Urokinase [the blood clot dissolving drug] to it, but that day I added Natto instead. I discovered that the Natto contained a strong enzyme that was capable of destroying clots. Gradually over a period of 18 hours, the clot was completely dissolved! Over the following years I repeated this experiment many times and eventually presented the results of my research in 1986."

NATTO MAY...

help the body produce dissolving agents that fight clots.

soothe health problems connected to bad circulation.

relieve overexerted muscles and joints.

increase oxygen and energy.

support vision

NATTO IS...

1 A dietary supplement

2 Low cost when compared with the high prices of pharmaceuticals.

3 Allergy free.

UNBELIEVABLE STICKY THREADS.

FINALLY, A NATURAL
ALTERNATIVE TO ASPIRIN FOR
CARDIOVASCULAR HEALTH

Steaming soybeans and then fermenting them into a sticky, strong smelling food makes Natto. The sticky pieces of Natto, or 'threads', are what exhibit the food's powerful affect on laboratory blood clots.



**“Please RUSH me these Nattokinase pills!
I need them as soon as I can get them!”**

William M - Laporte, MN

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Natto extract (Natto Gold)	110 mg *

* Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose and vegetable capsule.

Suggested Use: Take 2 (two) capsules daily with 8 ounces of water. Take 1 capsule in the morning and 1 at bedtime.



ITEM #5430 - NATTOKINASE GOLD (60 CAPS)

RETAIL	SALE PRICE	BEST BUY! (6+)
\$44.95	\$32.95	\$29.95

ORDER NATTO
combined with **K2X**
in a **PAK** to
maximize effects!

See order form on page 7

Order # 1715 Health Pak

WHY YOU NEED NUTRITIONAL SUPPLEMENTS TO STAY IN GOOD HEALTH

- Lack of intake of several vitamins/supplements has been linked to chronic diseases, including coronary heart disease, cancer and osteoporosis.
- Vast amounts of research have determined that the nutrients found in dietary supplements reduce your risk of chronic disease, improve quality of life, and increase longevity.

To order by phone Call TOLL-FREE: [1-877-797-8927](tel:1-877-797-8927) 7:30 AM – 4 PM MST Monday - Friday
Use a credit card or check to [order by fax anytime: 1-877-797-8926](tel:1-877-797-8926) FREE SHIPPING WITH 6 BOTTLE ORDER!

NINETEEN STUDIES SAY IT WORKS.

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Two human and seventeen animal studies have shown the effectiveness of Natto in destroying blood clots.

In a human trial of 12 healthy Japanese men and women, Natto proved itself to be a powerful weapon against blood clots. Subjects were given 200 grams of Natto before breakfast for several days. Blood tests indicated that the Natto heightened their bodies' ability to dissolve blood clots and they retained this ability for up to eight hours.

Similar results were found in a clinical trial involving animals with blood clots. The ones that were given Natto regained normal blood circulation within five hours. Blood clots in the animals that were given placebos showed no signs of dissolving.

THE WORLD RESPONDS.

Excitement about Natto is spreading around the world and further research is being done. Dr Martin Milner, at the Center for Natural Medicine in Portland, Oregon, and Dr Kouhei Makise of the Makise Clinic in Kyoto launched a joint project.

THEIR CONCLUSION?

"IN ALL MY YEARS OF RESEARCH AS A PROFESSOR OF CARDIOVASCULAR AND PULMONARY MEDICINE, NATTO REPRESENTS THE MOST EXCITING NEW DEVELOPMENT IN THE PREVENTION AND TREATMENT OF CARDIOVASCULAR DISEASES. WE HAVE FINALLY FOUND A NATURAL AGENT THAT CAN THIN AND DISSOLVE CLOTS EFFECTIVELY WITHOUT ADVERSE EFFECTS." DR MILNER, CENTER FOR NATURAL MEDICINE, PORTLAND OREGON.



CLOSE-UP OF A BLOOD CLOT

HARD FACTS ON HEART DISEASE.

HARD FACTS ON HEART DISEASE.

A heart attack occurs when a coronary artery becomes severely or totally blocked, usually by a blood clot.

1 person dies every 30 seconds from heart disease. That's 2,600 people every day.

Approximately 1 million Americans die of cardiovascular disease each year – that's nearly 42% of all deaths.

Heart disease is the leading cause of death for all Americans between the ages of 35 and 64.

Heart disease and stroke are the nation's leading killers for men and women of all racial and ethnic groups.

CAN NATTO SUCCEED WHERE DRUGS FAIL?

Did you know that, when it comes to serious clots, your conventional treatment options are very limited? Pharmaceutical drugs must be administered quickly to save lives - intravenously within 12 hours of a stroke or heart attack. In instances where the patient's arteries have hardened too much, these treatments may fail.

Then there's the cost. Just one dose of a drug that dissolves blood clots can cost \$1,500. That's pretty expensive and somewhat risky when you consider the fact that its effects are limited. These drugs begin to lose effectiveness within 20 minutes after administration. Compare this to Natto, which can last up to 8 hours and costs

as little as \$29.95 per month. (Special offer drops retail price to \$29.95 when you order six bottles or more.)

Aspirin may not be the answer

The American Heart Journal recently came out with a warning against the daily, long-term use of aspirin as a blood thinner. In their latest study, they concluded that overuse of aspirin can be dangerous and lead to more health problems.

Natto is a safe and easy to take natural dietary supplement that has been used successfully to combat circulatory problems for nearly 20 years. During this time, no negative effects have been recorded.

WHY HASN'T MY DR TOLD ME ABOUT NATTO?

We suspect it is because "Big Business" can't patent and profit from a natural product. Why would they sell a natural solution for \$29.95 when they can charge astronomical prices for prescription medication? Unfortunately, people continue to look for an answer to heart disease while the pharmaceutical industry pads its pockets with drug money.

Blood clots: how much do you really know?

The human body produces only one enzyme capable of dissolving blood clots. This enzyme, Plasmin, diminishes as we age. Thankfully, certain properties of Natto closely resemble the clot dissolving abilities of Plasmin. Natto also has a unique ability to protect against inadvertent clots without preventing the body from quickly forming clots when needed, for example after a cut or to reduce excessive blood loss following trauma. Many pharmaceutical drugs inhibit this critical coagulation process.

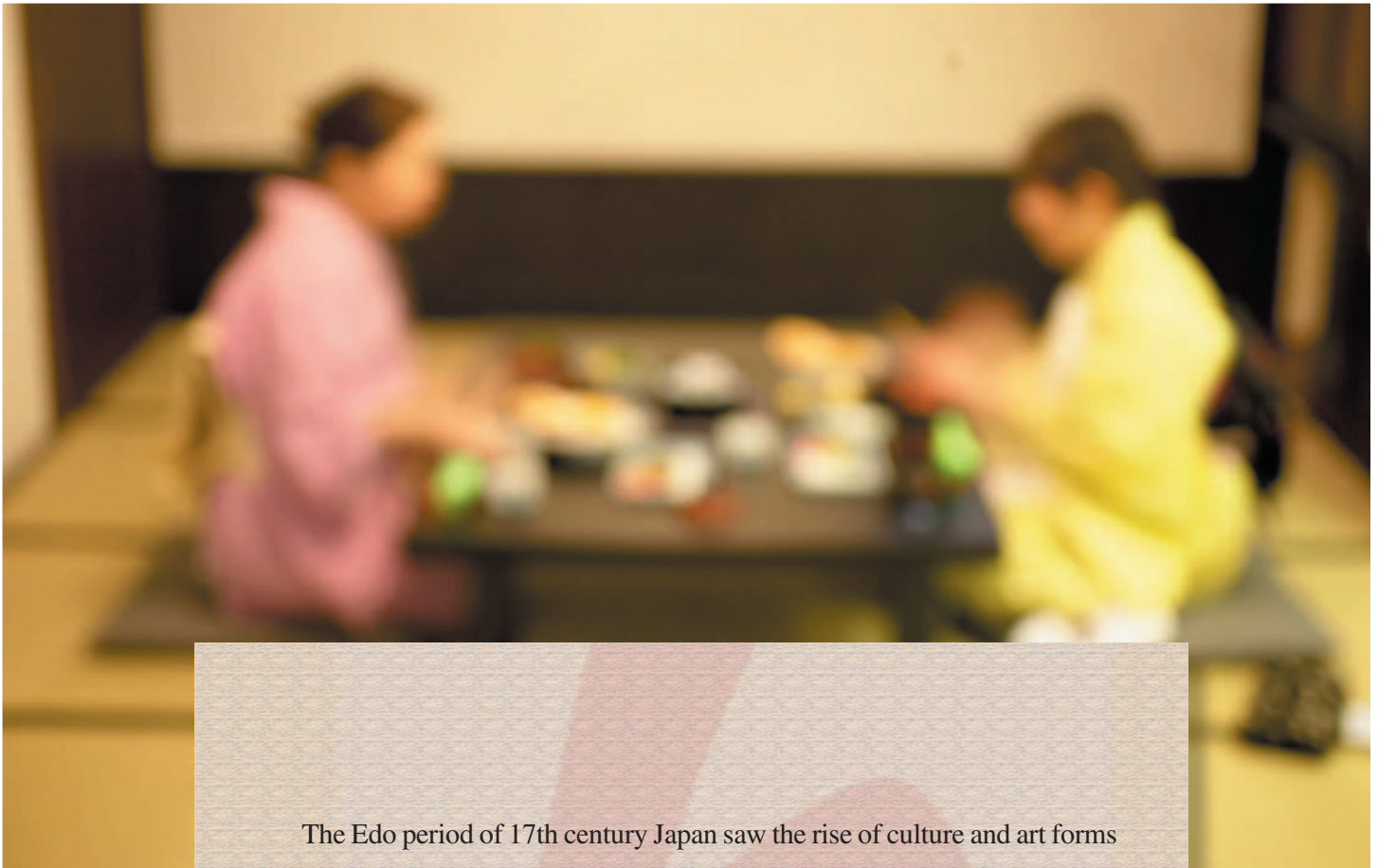
That is why being informed of your options is so crucial.

The daily use of Natto may offer the potential of consistently dissolving clots over time, therefore preventing a buildup, which could cause more serious consequences.

ORDER **NATTO** combined with **K2X** in a **PAK** to maximize effects!

See order form on page 7!

ANCIENT EDO WISDOM



The Edo period of 17th century Japan saw the rise of culture and art forms like Kabuki, Japan's celebrated traditional theatre. This was the period where the Samurai stood at the top of Japan's four-class social hierarchy. It is written in a food encyclopedia of the Edo period that Natto neutralizes poisons, suppresses the growth of harmful bacteria and encourages the growth of beneficial bacteria such as lactobacillus.

Order **NATTO** combined with **K2X** in a **PAK** to maximize benefits!
Order # 1715 Health Pak on opposite page.

THERE'S NO NATTO LIKE OUR NATTO

Like everything that's good in life, Natto has inspired a lot of lesser quality imitations. Only our Natto has been scientifically shown to be identical to the Natto first discovered and studied by Dr. Sumi. The proteins of both his and our Natto have all 275 amino acids aligned in common.

Don't be fooled by false claims or lower prices. VMTI's Natto contains 55 mg of Natto extract = to 1100 fibrin units per capsule. Other products typically contain no more than 50 mg of Natto and no more than 1000 fibrin units per serving. Bottom line: with ours you'll only need to take 2 capsules per day. Many other brands require you to take 9 or more capsules per day!

Research suggests that vitamin K2 promotes a healthy cardiovascular system. It appears as though Vitamin K2 combats osteoporosis, cardiovascular blockages and calcification of the arteries. Vitamin K is thought to keep calcium in the bones and blood and out of the arteries and soft tissues. Sufficient amounts of vitamin K are a must for those concerned about cardiovascular health.



Supplement Facts

Serving Size: 1 Capsule		
Servings Per Container: 30		
Amount Per Serving		%DV
Vitamin K (as Menaquinone-7)	100 mcg	125%
Proprietary Blend	99.9 mg	
<small>Dextrin, sunflower oil, sodium casein starch, glycerol fatty esters, natto extract, oil of rosemary</small>		
<small>* Daily Value (DV) not established</small>		
<small>Other Ingredients: Microcrystalline cellulose and vegetable capsule.</small>		
<small>Suggested Use: 1 (one) capsule per day with a meal. All ingredients are derived from Kosher sources. This product is porcine, bovine and gelatin free.</small>		

ITEM #8240 - VITAMIN K2X (30 CAPS)

RETAIL	SALE PRICE	BEST BUY! (6+)
\$49.95	\$37.95	\$34.95

ITEM #	PRODUCT NAME	SIZE	RETAIL PRICE	SALE PRICE 1-5 BOTTLES	BEST DEAL! 6 OR MORE	QTY	TOTAL
5430	Nattokinase Gold NEW	60 Caps	\$44.95	\$32.95	\$29.95		
8240	Vitamin K2X NEW	30 Caps	\$49.95	\$37.95	\$34.95		
1715	Bone & Cardio Health Pak (1 of each)	1 Pak	\$94.90	\$64.95	\$59.95		

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Use a credit card or check to order by fax anytime: 1-877-797-8926 <u>Or mail your payment with this order form to the address below</u> VMTI 13610 N Scottsdale Rd #10-22 Scottsdale AZ 85254 E-mail: info@vmtiinc.com					Shipping (in U.S.) \$5.95 Please call for rates to ship outside U.S.	
					FREE SHIPPING! with a 6 bottle purchase!	
					TOTAL	
Method of Payment: [] Check Enclosed [] Money Order Enclosed Credit Card [] Visa [] Mastercard [] Discover [] Amex Card #: _____ Expires: Month _____ Year _____ Signature: _____ Name: _____ Address: _____ City: _____ State: _____ Zip: _____ Phone: (____) _____ E-mail: _____					MONEY-BACK GUARANTEE We stand behind our products with a money-back guarantee! If for any reason you are not totally satisfied with a product, simply call us to get a return authorization number. Return unused portion within 30 days. You will then receive a prompt and cheerful refund of the purchase price. CM002-050206	



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LUNCH IN THE LABORATORY LEADS TO GROUNDBREAKING DISCOVERY.

Mr. John Doe
 1234 Any Street
 Anytown, AZ 12345



Dr. Sumi Discovers Natto.
 A natural nutrient to support cardiovascular health.

DISCOVER HOW YOU CAN SUPPORT YOUR CARDIOVASCULAR SYSTEM AND PREVENT BONE LOSS WITH THESE TWO REVOLUTIONARY SUPPLEMENTS!

DID YOU KNOW?



A heart attack occurs when one of the coronary arteries becomes severely or totally blocked, usually by a blood clot.



The American Heart Association estimates that in 2005, more than 1 million Americans will suffer a heart attack. About **700,000 of these will be first-time heart attack sufferers**, while about 500,000 will be people who had previously had a heart attack.



Osteoporosis is a major public health threat for more than 28 million Americans. 10 million already have the disease and 18 million more have low bone mass, placing them at increased risk for osteoporosis.



Osteoporosis is responsible for more than 1.5 million fractures annually, including:

- 300,000 hip fractures; and approximately
- 700,000 vertebral fractures,
- 250,000 wrist fractures, and
- 300,000 fractures at other sites.



80% of those affected by osteoporosis are women.



Heart disease is the #1 killer in the United States, while osteoporosis affects an estimated 10 million Americans over the age of 50 years old.

DON'T BECOME ANOTHER STATISTIC!