



Is your future
HEALTHY?



Improving
the lives
of others

The Next
**Trillion Dollar
Industry**

Do you want to...?

- Lead a comfortable lifestyle
- Make a positive difference in the lives of others
- Improve your health and the health of those you know and love
- Have better control of your time

Are you concerned about...?

- Making ends meet
- Our toxic environment
- The negative health effects of our fast-paced, fast-food society
- The health of your family and friends
- Medical professionals over-prescribing medication and overlooking natural alternatives
- The government making decisions about your health

The Solution

Share the Health!

Healthy Habits® is helping individuals and families improve the quality of their lives, health and finances. Thousands of satisfied customers have already made Healthy Habits® a part of their daily health and beauty regimens. Now you have the incredible opportunity to join the Healthy Habits® team!

By simply telling others about Healthy Habits® high quality products, you can supply your family with FREE Healthy Habits® products and watch your income steadily grow. In today's trillion dollar health product industry, the sky is the limit!



“With Healthy Habits® I feel like I have found my own health food store. I know the people I refer are receiving quality products at a fair price.” -D.B.



Our “old school” business values, quality products and unparalleled customer service have had much to do with our success.

In a world of corporate giants, doing business with Healthy Habits® is a breath of fresh air. That is why so many customers tell their friends, family and associates about us. Because of this “word of mouth,” we developed the Healthy Habits® Distributor program. It is simply our way of rewarding individuals for referring customers to us. We didn’t start out as a network marketing company, and quite honestly we have never really cared for them. We have done our best to eliminate the negative aspects of network marketing.

The Healthy Habits® Distributor Program is Revolutionizing the Industry!

- **No auto-ship**
- **No sales quotas**
- **No recruiting requirements**
- **No inventory**
- **No pressure**
- **No hassles**



“They said it couldn’t be done but last year we experienced more than 100% growth without an auto-ship program.”



“If you want to feel better and have more energy, we strongly recommend you try these products. They work for us. Thanks Healthy Habits®!”

-BJ & GW

Healthy Habits® Distributors are entitled to a number of benefits!

- *Save 40-50% on all Healthy Habits® products.*
- *Easily make enough commissions to get your products for free.*
- *Make a difference in the lives of others.*
- *Make commissions even though your referrals buy at the same low price you do.*
- *Save money on your taxes.*
- *Build a supplemental income for your future.*
- *Rely on Healthy Habits® to market to your referrals.*
- *Learn the secrets from industry insiders.*

Whether you want to get your own products for free, make a few hundred dollars monthly or earn thousands of dollars, Healthy Habits® is the place for you! Our expert Distributor support team can help you achieve your goals.



“Easily make enough commissions to get your products for free.”

“I have finally found a company that focuses on providing quality products to the consumer. I have access to more than 50 products to build my business with. I’m glad you do not have auto-ship.” -S.N.



Something for Everyone!

50 years of experience and over 50 products!

Healthy Habits® has a program and a product for everyone. With more than 50 years experience, our management team has built a program and product line second to none.

Don't waste your time and money with auto-ship, maintaining an inventory, trying to hit production or recruiting quotas, delivering or shipping product and “beating the bushes” for reorders. Healthy Habits® handles it all. We process the orders, collect the money and ship the products. In addition, Healthy Habits® markets to your customers for you, helping you generate additional sales and commissions. You focus on recruiting new Distributors, Healthy Habits® will manage and market to the ones you have.

Being a Healthy Habits® Distributor is easy. If you generate a sale you get paid! If we generate a sale by marketing to your customer you still get paid! It's a win-win situation.



“Healthy Habits® handles it all. We want you to have the time and resources to build your business.”



3 Simple Steps to Success!

“I earn additional income while helping others and I don’t have to keep an inventory of products. I hand someone a catalog with my ID number on the back and I’m done, it couldn’t be any easier.”

-J.B.

Set your goals, share the health and cash your check!

Step 1. Set your goals.

Whether you would like to get your own products for free, make a few hundred dollars a month, or earn thousands of dollars, Healthy Habits® is the place for you!

Step 2. Share the Health!

All you need to do is tell your friends, family and others interested in natural health about your favorite Healthy Habits® products and what they are doing for you. Educate yourself and others by reading and distributing product brochures and/or catalogs with your Distributor ID on them. Earn money each time they order.

Word of mouth marketing is great, you already do it. When was the last time you saw a great movie or had a fantastic dinner out? Did you keep it to yourself or did you tell somebody? Did you receive compensation? Healthy Habits® compensates you for your referrals.

Step 3. Cash your check.

We will continue to market to your customers with our proven direct mail system. Each time they order from a reorder letter, product mailer, catalog etc., you get paid. You focus on finding the people and let us handle the rest.



“All you have to do is Share the Health! Tell your friends, family and others interested in natural health about your favorite Healthy Habits® products and what they are doing for you.”

“Not only did I come to appreciate the quality and effectiveness of their products, so did my friends, family and clients. I came to discover they also had many incentives...!” -V.S.



Experience the Difference!

Healthy Habits®	“Other Companies”
1. No Auto-Ship Program.	1. Expensive auto-ship required every month. (Ranges from \$30 to \$300 each month)
2. No inventory requirements. Customers order directly from Healthy Habits®.	2. Inventory costs money, takes up space and the turnover is low. Must sell product to recoup investment.
3. Optional 1 hour weekly meetings via the telephone.	3. Required 2-3 hour weekly meetings. Distributors are often encouraged to purchase expensive motivational materials and attend costly events.
4. Home Office Distributor Support Team available to help build your Distributorship.	4. Always referred to your upline for help.
5. No quotas to hit in order to receive commissions. Receive commissions on customer orders even when you did not place a personal order for the month.	5. Production quotas and a monthly auto-ship required to receive commissions.
6. Healthy Habits® focuses on quality and has more than 50 products to build your Distributorship.	6. Few products to choose from and the quality is often inferior to Healthy Habits®.
7. Healthy Habits® markets to all of our customers several times monthly, encouraging them to place additional orders. You receive commissions on those orders.	7. The burden of marketing our customers was expensive and up to us.



“I appreciate a company that focuses on providing quality products... I’m just getting started so there is more growing to come!”

Distributor Success Stories



“Since 1978 I have been involved in the supplement industry in one shape or form. If I wasn’t working in a health food store, I was shopping in one. The Health Industry was my passion. Eventually I began working as a distributor for some of the larger supplement companies. Later, after pursuing my Master’s Degree I began to seek out products I could incorporate into my health practice. As a health practitioner, finding products that were unique, affordable and effective was often a challenge. Commercial products left much to be desired - Quality and effectiveness were often lacking.

***“No Auto-Ship,
No Sales Quotas,
No Recruiting
Quotas”***

I began to query MLM (Multi-level Marketing) companies looking for a standard that would satisfy me. While many of the products were of excellent quality, the cost of joining was often very expensive. Initial investment always required several hundreds of dollars and to receive discounts of any significance or generate commissions, I had to continually purchase large volumes of product. Maintaining a distributor status became a real issue. Trying to maintain monthly quotas and being forced to buy product (auto-ship) was costing me more than I was making.

Imagine how skeptical I was when I was introduced to Healthy Habits®. No thanks, not another Network Marketing company. I was not interested in throwing away my money again. To my astonishing and pleasant surprise I learned that Healthy Habits® was not your typical company. In fact it’s not even fair to call it an MLM. Healthy Habits® has no auto ship, no sales quotas, no astronomical initial expense to join, and no recruiting quotas. Not only did I discover a company with a great product line, which I became personally familiar with, I came to discover they had many incentives that are unheard of in the network marketing industry. I appreciate the quality and effectiveness of their products, and so do my friends, family and clients. Before I knew it I had a downline, I was receiving commissions, getting my products for free and clients were getting excellent results from using the products as well.

Healthy Habits® has turned my skepticism into real opportunity. Healthy Habits® commitment to Quality, Integrity and Longevity has translated into my success. Not only are the products something to smile about, the Healthy Habits® Distributor program will have you smiling all the way to the bank. Healthy Habits® has certainly put a smile on my face. Products that work, programs that generate income...who could ask for anything more?”

Thank you! -Varah



***“Products that work, programs that generate
income...who could ask for anything more?”***



“Being flight attendants, it is especially important for us to have Healthy Habits®. We are exposed daily to many germs and sick people that come onto the airplane. The many wonderful products that Healthy

“Flight Attendants LUV Healthy Habits®!”

Habits® provides has made this very easy for us. The Green Tea gives us extra antioxidants to help fight these germs and cut down on our sugar and caffeine intake. This has also aided in weight loss for us. The Green Tea sells itself. We are also big fans of the Colon Toddy and KinoTox pads. One more way for us to cleanse our body from all the toxins we are exposed to. Want to feel better and have more energy? We strongly recommend you use these products. It works for us.”

Thanks! -Brenda & Gara



“I just have write a brief letter to tell everyone looking at Healthy Habits® how awesome this company really is. Healthy Habits® has got to be the best company I have ever worked with! I have worked

“Healthy Habits® has what the other companies lack!”

from home for close to 8 years now, with too many companies to count. Healthy Habits® has what the “the other companies” lack.... they truly care about their customers and reps. This is a rare quality in this industry! Everyone is so helpful, they actually “answer” the phones, they get back to you, they spend as much time as needed to resolve an issue or take an order. In addition, the products are some of the best I have ever used and I have worked for two of the largest vitamin chains in the USA! People order Healthy Habits® products because they want to not because they have to (no auto-ship)... this shows me that people are involved because the products really work! This company is a real winner in my book. I am so excited to have found Healthy Habits®! Make a habit of living healthy with Healthy Habits®!”

Sincerely Yours, -Tina



“I became a Distributor in March, 2005 after being intrigued with what I read about the KinoTox pads and DermaTox mailers. I shared the two mailers and the products with some friends and my close relatives.

“I shared samples and the Green Tea Mailer...”

A few of the relatives signed up to take advantage of the Distributor price. I used many of the company’s products, loving especially the GH3-Rejuv Crème, passing out mailers/catalogs, but having no success in recruiting Distributors. However, two months after ordering

my first green tea, I shared samples and the tea mailer with people who exercised at my gym. Many of them were highly impressed with the delicious flavor and immediately ordered. I attached a short thank you note for their order and mentioned the Distributor program. I also enclosed mailers and a catalog. A month later my first Distributor joined! Now I have 9 Distributors and they all joined because of the tea samples I shared!”

Thanks! -Helen



“People order Healthy Habits® products because they want to...the products really work!”



“The Distributor program will have you smiling all the way to the bank! Healthy Habits® has certainly put a smile on my face. Products that work, programs that generate income... Who could ask for anything more?” -V.S.

- **Join today** and take the next step to achieving a healthier lifestyle, helping others and supplementing your income.
- **Visit www.HealthyHabitsWeb.com** and click on Distributors at the bottom of the page. Then click on Become A Distributor to see more reasons why you should become a Healthy Habits® Distributor. Click on the Distributor Application - Online to submit online, or click on Distributor Application - Mail to print and submit by mail.
- **Join us on Thursday evenings** at 8:00 P.M. ET for our live, interactive conference call. Learn more about Healthy Habits® and the Distributor program. Take advantage of our knowledgeable Distributor Support Team by asking any questions you may have.



Conference Call: 605-475-6350
Access Code: 77361#
Thursday Evenings at 8:00 P.M. ET



“Take the next step to achieving a healthy lifestyle, helping others and supplementing your income.”

Healthy Habits®

for people who know...

Quality • Integrity • Longevity

P.O. Box 12069

Scottsdale, AZ 85267-2069

800.604.6766

www.HealthyHabitsWeb.com

